



Barbara Fish

West Virginia Board of Education

“Children deserve a healthy mind in a healthy body.”



The Role of the State Policy Maker

- Leadership
 - Promote Wellness
 - Educate the Whole Child
- Assistance
 - Policy, Position Statements, Guidance
 - Allocation of Funds and Other Resources
 - Collaborations
- Oversight
 - Assure Support
 - Make Districts Accountable

Coordinated School Health





The National Association
of State Boards of Education (NASBE) says...

"Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally, and socially."

*Fit, Healthy, and Ready to Learn: Part 1 –
Physical Activity, Healthy Eating, and Tobacco Use
Prevention, 2000*