



The Center for  
Health and Health Care in Schools  
School of Public Health and Health Services  
The George Washington University  
<http://www.healthinschools.org>

## For Parents: 5 Questions To Check Out Your School's Health & Safety Policies

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*Talk with your child's principal, teacher or school nurse about these questions.*

- If my child gets sick or hurt at school, what steps will be followed to help my child?
- If my child is prescribed a medication that must be taken during the school day, how do I arrange for administration and safe storage of the medication?
- If there is an emergency at the school or in its neighborhood, what procedures are in place to protect the school community and how will parents learn of these actions?
- How can my child and I find out what the school cafeteria is serving for lunch and how can I be sure that the lunches are nutritious?
- What opportunities will my child have for physical activity during the school day?

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See Parents Resource Center at: [www.healthinschools.org/parents](http://www.healthinschools.org/parents)

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